

# ATOMIC

# BAR

# FOOD

# MENU

## BREAKFAST

**FREE RANGE EGGS ON TOAST** **\$10.90**  
Your choice of eggs; Poached, Scrambled or Fried, Served with sourdough.

### EXTRAS

**\$3.50** Each Baked bean, Hash brown, Roast Tomatoes, Spinach.  
**\$4.50** Each Bacon, Mushrooms, Chorizo.  
**\$5.00** Each Avocado, Smoked Salmon.

**BREAKKIE BURGER** **\$15.90**  
In a seeded brioche bun with mix-lettuce, Egg, Bacon & hash brown, cheese, tomato sauce.

**EGGS BENEDICT** **\$15.90**  
2 poached eggs served on top of English muffins with HAM & Hollandaise.

**EGGS ATLANTIC** **\$17.90**  
2 poached eggs served on top of English muffins with SMOKED SALMON & Hollandaise.

**SMASHED AVOCADO** **\$21.90**  
Sourdough toast, smashed avocado, poached eggs, crumbled feta, dukkha & finished with balsamic glaze.

**BUTTERMILK PANCAKES** **\$19.90**  
2 pcs of pancake, vanilla ice cream, seasonal fruits, berry coulis; topped with maple syrup.

**BIG BREAKFAST** **\$23.90**  
2 eggs of choice on toast, Bacon, chorizo, Hash brown, roasted tomato, roasted mushrooms.

**VEGGIE BREAKFAST** **\$22.90**  
2 eggs of choice on toast, roasted tomato, roasted mushroom, avocado, spinach & Hashbrown.

**INVENT YOUR OMELETTE** **\$17.90**  
Choice of 3 items plus egg base, mozzarella served with sourdough toast. (Bacon, Ham, Chorizo, Mushrooms, Tomatoes, Spinach, Capsicum)

## WARM UPS

**GARLIC BREAD** **\$10.90**

**CHEESY GARLIC BREAD** **\$12.90**

**RUSTIC BREAD & DIPS** **\$13.90**

3 Dips with lightly toasted garlic & herb focaccia, kalamata olives.

**BRUSCHETTA** **\$12.90**

Classic Bruschetta on sourdough with chopped tomatoes, onions, fresh basil topped with bocconcini & basil pesto, drizzled with balsamic reduction.

**PUMPKIN AND FETA ARANCINI** **\$13.90**

Soft on the inside & crispy on the outside, Served with pesto aioli.

**NACHOS** **\$16.90**

Crunchy corn chips, black beans, corns, salsa, cheese; topped with sour cream, guacamole & jalapenos.

**CHIPS** **\$10.90**

A bowl of Chips served with garlic aioli & tomato sauce.

**POTATO WEDGES** **\$11.90**

Served with sweet chili sauce & sour cream.

**SALT & PEPPER CALAMARI** **\$14.90**

Served with salad, aioli & lemon.

**VEGAN BITES** **\$15.90**

Chicken style meat free bites seasoned with chipotle & roasted garlic seasoning; served with tomato relish.

## CHICKEN WINGS

Premium chicken drumettes, dusted in our special seasoning, fried & tossed in flavour of your choice. **12 PCS - \$18.90**  
**24 PCS - \$35.90**

-Buffalo/sweet chilli/BBQ

-Chipotle & roasted garlic (Dry Rub)

## SOMETHING FOR THE KIDS

**For children under 12 years old** **\$14.90 EACH**

Includes a meal & a soft drink/juice.

- Kids Parma/schnitzel & Chips.
- Fish & Chips.
- Nuggets & Chips.
- Cheeseburger & Chips.
- Kids calamari & Chips.
- Bolognese pasta (penne/spaghetti).

## BURGERS & WRAPS

All burgers and wraps are served with a side of chips.

**BEEF BURGER** **\$23.90**

Homemade BEEF Pattie in a seeded brioche bun with chef-special sauce, lettuce, tomatoes, cheese, bacon & pickles.

**BUFFALO CHICKEN BURGER** **\$23.90**

Chicken fillet dusted in our signature dusting, fried, and then tossed in buffalo sauce served in a seeded brioche bun with coz lettuce, cheese, bacon & Aioli sauce

**PULLED PORK BURGER** **\$23.90**

Our slow cooked tender pulled pork served in a seeded brioche bun with coz lettuce, BBQ sauce, grilled pineapple.

**CHICKEN & AVOCADO WRAP** **\$23.90**

Toasted flour tortilla with grilled chicken, coz lettuce, tomatoes, onions, avocado, mozzarella cheese & aioli sauce.

**LAMB WRAP** **\$24.90**

Toasted tortilla with grilled lamb strips, spinach, onion, tomatoes, olives & tzatziki.

## PASTA/RISOTTO

**CARBONARA SPAGHETTI** **\$21.90**

Garlic, bacon, cream, onions, egg yolk & parmesan.

**SEAFOOD FETTUCCINE** **\$27.90**

Prawns, calamari, scallops, mussels, cooked with chili, garlic, cherry tomatoes, Napoli sauce & topped with parmesan.

**CHICKEN & MUSHROOM RISOTTO** **\$24.90**

Chicken, mushrooms, spring onions, roasted peppers, spinach garlic & topped with parmesan.

**PUMPKIN GNOCCHI** **\$23.90**

Potato gnocchi cooked in creamy garlic sauce with roasted pumpkin, sage, tomatoes, spinach; finished with feta & pine-nuts.

**PENNE PUTTANESCA** **\$22.90**

Salami, olives, mushrooms, capsicum, capers, Napoli sauce; topped with parmesan.

## PARMAS

All Parmas are served with a side of Chips & Salad

**TRADITIONAL** **\$23.90**

Panko crumbed chicken breast fried and then topped with ham, Napoli sauce, tasty & mozzarella cheese.

**AMERICAN** **\$24.90**

Panko crumbed chicken breast fried and then topped with BBQ Sauce, bacon, tasty & mozzarella cheese.

**GREEK** **\$24.90**

Panko crumbed chicken breast fried and then topped with Napoli sauce, tasty & mozzarella cheese, Bruschetta-mix & feta.

**HAWAIIAN** **\$24.90**

Panko crumbed chicken breast fried and then topped with Napoli sauce, ham, pineapple, tasty & mozzarella cheese.

**EGGPLANT PARMA** **\$22.90**

Panko crumbed eggplant fillet fried and then topped with Napoli sauce, mushrooms, capsicum, olives, tasty & mozzarella cheese.

## PIZZAS

**MARGHERITA** **\$16.90**

Napoli base, cherry tomatoes, bocconcini, mozzarella & fresh basil.

**HAWAIIAN** **\$18.90**

Napoli base, Smoked ham, pineapple & mozzarella.

**CALABRESE** **\$20.90**

Napoli base, salami, capsicum, mushrooms, chili & mozzarella

**VEGETARIAN** **\$22.90**

Napoli base, capsicum, mushrooms, onions, olives, jalapenos & mozzarella.

**BBQ CHICKEN** **\$22.90**

Napoli base, chicken, mushrooms, onions, mozzarella & BBQ sauce.

**MEAT LOVERS** **\$23.90**

Napoli base, ham, mild salami, prosciutto, bolognaise & mozzarella.

**Gluten Free base available.** **\$4.50**

## MAINS

**FISH & CHIPS (BEER BATTERED/GRILLED)** **\$23.90**

Served with salad, Chips, tartare sauce & lemon wedge.

**SALT & PEPPER CALAMARI** **\$23.90**

Served with aioli, salad, Chips & lemon.

**ATLANTIC SALMON** **\$26.90**

Crispy Skin Salmon Fillet served with Guacamole, crispy chat potatoes; and broccolini.

**VEGGIE STIRFRY** **\$19.90** **ADD PRAWNS \$8.00**

seasonal vegetables; mushrooms, green beans, cauliflower, broccoli, carrots, with noodles in sweet soy sauce topped with sesame seeds & crispy shallots.

**CHICKEN SCALLOPINI** **\$23.90**

Chicken tenders cooked with creamy sauce, onions, garlic, spinach, mushrooms; served on mash potatoes.

**BRAISED LAMB SHANK** **\$25.90**

Lamb shank slowly cooked with vegetables and tomato gravy; served on mash potatoes; finished with green beans & sweet potato crisp.

**SLOW-COOKED PORK BELLY** **\$28.90**

Slow-cooked pork belly served with cauliflower puree, zucchini & corn roastie; finished with gravy.

**SIDES** **\$4.50 Each**

Mash/Sautéed veggies/Garden salad/Chips/Chat potatoes.

## STEAKS (GRILL/STONE GRILL)

**GRASS-FED STEAKS, seasoned, served with chips, salad & a sauce of your choice. (Gravy/Mushroom/pepper or Garlic butter.**

**GREAT SOUTHERN PORTERHOUSE - 300GM** **\$38.90**

**GREAT SOUTHERN SCOTCH FILLET - 260GM** **\$40.90**

**GREAT SOUTHERN RIB EYE - 350GM** **\$42.90**

## Meat platter

Ham, Mild salami, prosciutto, feta, olives, semi dried tomatoes, two dips & toasted garlic & herb focaccia bread. **\$28.90**

## SALADS

**QUINOA & PUMPKIN SALAD** **\$22.90**

Red & white quinoa, roasted pumpkin, almond flakes, pine nuts, dried cranberries, mix-lettuce; tossed through lemon-vinaigrette; finished with feta.

**MORROCAN CHICKEN SALAD** **\$23.90**

Lightly seasoned chicken tenders served on a salad of mix-lettuce, avocado, cucumber, onions, tomato tossed through lemon-vinaigrette; finished with orange segments.

**LAMB SALAD** **\$24.90**

Tender pieces of lamb served on a salad of spinach, onion, cucumber, semidried tomato tossed through lemon-vinaigrette; finished with feta.

**GREEK SALAD** **\$16.90**

Mix lettuce, cherry tomato, cucumber, onion, olives, feta; tossed through lemon-vinaigrette.

**Choose your protein:**

Grilled chicken \$7.0

Salt & pepper calamari \$7.0

Grilled prawns \$8

Pulled pork \$7.0

## DESSERTS

**STICKY DATE PUDDING** **\$12.90**

House made sticky date pudding served with vanilla ice cream and butterscotch sauce.

**CHOCOLATE BROWNIE** **\$12.90**

House made smothered brownie with rich chocolate sauce; served with whipped cream & chocolate shavings.

**GAYTIME WAFFLES** **\$12.90**

Warm Belgian waffle, served with vanilla ice cream, biscuit crumbs, strawberries & chocolate sauce.

Function room available for hire.

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Please advise us of any special dietary requirements or allergens when ordering.

