# **ATOMIC**

### BAR

### **FOOD**

# MENU

#### **BREAKFAST**

FREE RANGE EGGS ON TOAST \$13.90

Your choice of eggs; Poached, Scrambled or Fried, Served with sourdough.

**EXTRAS** 

**\$3.90** Each Baked bean, Hash brown, Roast Tomatoes, Spinach.

**\$4.90** Each Bacon, Mushrooms, Chorizo.

**\$5.90** Each Avocado, Smoked Salmon.

BREAKKIE BURGER \$17.90

In a seeded brioche bun with mix-lettuce, Egg, Bacon & hash brown, cheese, tomato sauce.

EGGS BENEDICT \$20.90

2 poached eggs served on top of English muffins with HAM & Hollandaise.

EGGS ATLANTIC \$21.90

2 poached eggs served on top of English muffins with SMOKED SALMON & Hollandaise.

**SMASHED AVOCADO** \$24.90 Sourdough toast, smashed avocado, poached eggs, crumbled

feta, dukkha & finished with balsamic glaze.

BUTTERMILK PANCAKES \$23.90

2 pcs of pancake, vanilla ice cream, seasonal fruits, berry coulis; topped with maple syrup.

BIG BREAKFAST \$25.90

2 eggs of choice on toast, Bacon, chorizo, Hash brown, roasted tomato, roasted mushrooms.

VEGGIE BREAKFAST \$25.90

2 eggs of choice on toast, roasted tomato, roasted mushroom, avocado, spinach & Hashbrown.

INVENT YOUR OMELETTE \$21.90

Choice of 3 items plus egg base, mozzarella served with sourdough toast. (Bacon, Ham, Chorizo, Mushrooms, Tomatoes, Spinach, Capsicum).

#### **SOMETHING FOR THE KIDS**

#### For kids under 12 years

\$14.90 EACH

- Kids Parma/schnitzel & shoestrings fries.
- Fish & shoestrings fries.
- Nuggets & shoestrings fries.
- Cheeseburger & shoestrings fries.
- Kids calamari & shoestrings fries.
- Bolognese pasta (penne/spaghetti).

### **WARM UPS**

GARLIC BREAD ♥ \$11.90

CHEESY GARLIC BREAD \$12.90

RUSTIC BREAD & DIPS 
\$16.90

3 Dips with lightly toasted garlic & herb focaccia, olives.

BRUSCHETTA Space 15.90
Classic Bruschetta on sourdough with diced tomatoes, onions, basil topped with bocconcini & basil pesto, drizzled with balsamic reduction.

PUMPKIN & FETA ARANCINI \$15.90

Crispy on the outside; cheesy on the inside; side of sumac Aioli.

NACHOS 

\$19.90

Crunchy corn chips, corns, salsa, cheese; topped with sour cream, guacamole & jalapenos.

CHIPS/SHOESTRING FRIES \$11.90

Served with garlic aioli & tomato sauce.

POTATO WEDGES \$13.90

Served with sweet chili sauce & sour cream.

CHEESE BURGER FRIES \$22.90

Shoestring fries, loaded with ground beef patty, melted cheese & diced pickles, topped with our Atomic special mayo, spring onions & sesame seeds.

ITALIAN MEATBALLS \$21.90

Homemade beef meatballs cooked with Napoli sauce; finished with bocconcini; served with sourdough bread.

### MEAT BOARD \$44.90

Rustic style meat board; salami, ham, prosciutto, olives, feta, 2 dips, garlic & herb focaccia, 6pc buffalo wings, celery sticks, ranch sauce.

### SEAFOOD PLATTER \$56.90

Battered fish, salt & pepper calamari, scallops, prawns; 2 pc fresh oysters; served with tartare sauce, lemon; chips & salad.

#### **CHICKEN WINGS**

Premium chicken drumettes & Wingettes, dusted in our special seasoning, fried & tossed in flavour of your choice served with ranch sauce & celery sticks. 12 PCS - \$21.90 24 PCS - \$37.90.

-Buffalo/sweet chilli/BBQ /Chipotle & roasted garlic (dry Rub).

### PASTA/RISOTTO

CARBONARA PENNE \$24.90

Garlic, bacon, cream, onions, egg yolk & parmesan.

**SEAFOOD FETTUCCINE** 

\$28.90

Fish, Prawns, calamari, scallops, cooked with chili & garlic, oil & topped with parmesan.

CHICKEN & MUSHROOM RISOTTO

\$25.90

Chicken, mushrooms, spring onions, spinach, garlic, cream & topped with parmesan.

PUMPKIN GNOCCHI

\$24.90

Potato gnocchi cooked in creamy garlic sauce with roasted pumpkin, sage, touch of Napoli sauce, spinach; finished with feta & pine-nuts.

SPANISH PAELLA \$32.90

Authentic Paella cooked with prawns, Scallops, chicken, calamari, chorizo, peas, garlic, curry powder and Napoli sauce.

MEATBALL SPAGHETTI

\$25.90

Homemade BEEF meatballs cooked with Napoli sauce & finished with parmesan cheese.

### **BURGERS & WRAPS**

All burgers and wraps are served with a side of chips.

AUSSIE BURGER \$26.90

Homemade BEEF Pattie in a seeded milk bun with egg, pickles, lettuce, tomatoes, atomic special mayo cheese & bacon.

BUFFALO CHICKEN BURGER 🥥

\$25.90

Chicken fillet dusted in our signature dusting, fried, and then tossed in buffalo sauce served in a seeded milk bun with coz lettuce, coleslaw, cheese, bacon & ranch sauce.

VEGGIE BURGER \$24.90

Vegetable Pattie in a seeded milk bun with pickles, tomato, cheese, & tomato sauce.

CHICKEN & AVOCADO WRAP

\$25.90

Toasted flour tortilla with grilled chicken, mix lettuce, tomatoes, onions, avocado, mozzarella cheese & aioli sauce.

LAMB WRAP \$27.90

Toasted flour tortilla with grilled lamb, spinach, cucumber, onions, tomatoes, olives and tzatziki sauce.

PULLED PORK BURGER

\$25.90

Slow cooked pork pulled served in seeded milk bun with coleslaw, grilled pineapple, BBQ sauce.

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#### **PARMAS**

All Parmas are served with a side of Chips & Salad

**TRADITIONAL PARMA** \$24.90 Panko crumbed chicken breast fried and then topped with

Napoli sauce, tasty & mozzarella cheese.

CHEESE BURGER PARMA \$29.90

Panko crumbed chicken breast fried and then topped with BBQ sauce, our Australian grass-fed beef patty, pickles, mozzarella & atomic special mayo & sesame seeds.

GREEK PARMA \$26.90

Panko crumbed chicken breast fried and then topped with Napoli sauce, tasty & mozzarella cheese, Bruschetta-mix & feta.

HAWAIIAN PARMA \$26.90

Panko crumbed chicken breast fried and then topped with Napoli sauce, ham, pineapple, tasty & mozzarella cheese.

MEXICAN PARMA \$26.90

Panko crumbed chicken breast fried and then topped with Napoli sauce, corns, jalapenos, onion & tomato salsa, tasty & mozzarella cheese.

VEGGIE PARMA \$25.90

Vegetable schnitzel fried and then topped with mozzarella; served with salad & shoestrings fries. **Vegan Cheese: \$1.90** 

#### **PIZZAS**

MARGHERITA V \$18.90

Napoli base, bocconcini, mozzarella & fresh basil.

HAWAIIAN \$20.90

Napoli base, Smoked ham, pineapple & mozzarella.

CALABRESE \$22.90

Napoli base, salami, capsicum, mushrooms, anchovies, chili & mozzarella

VEGETARIAN ♥ \$23.90

Napoli base, capsicum, mushrooms, onions, olives, jalapenos & mozzarella. **Vegan Cheese: \$2.90** 

**BBQ CHICKEN** \$25.90 Napoli base, chicken, mushrooms, onions, capsicum, mozzarella

& BBQ sauce.

ATOMIC SPECIAL \$25.90

Napoli base, ham, mild salami, prosciutto & mozzarella.

### **OYSTERS**

NATURAL6PC-\$18.9012PC-\$33.90KILPATRIC6PC-\$22.9012PC-\$38.90BLOODY MARY6PC-\$21.9012PC-\$37.90

#### **MAINS**

FISH & CHIPS (BEER BATTERED/GRILLED) \$25.90

Served with salad, Chips, tartare sauce & lemon.

SALT & PEPPER CALAMARI \$25.90

Served with aioli, salad, Chips & lemon.

GRILLERD BARRAMUNDI \$29.90

A fillet of barramundi on a bed of green whole lentils, topped with manao & avocado salsa; side of sumac Aioli.

VEGGIE STIRFRY 🔮

\$23.90

ADD PRAWNS \$9.00

\$24.90

seasonal vegetables- mushrooms, green beans, cauliflower, broccoli, carrots, Bok-choy with noodles cooked in sweet soy sauce finished with sesame seeds & crispy shallots.

CHICKEN SCALLOPINI © \$27.90

Chicken tenders cooked with creamy sauce, onions, garlic, spinach, mushrooms; served on mash potatoes.

BRAISED LAMB SHANK S \$29.90

Lamb shank slowly cooked with vegetables and tomato, gravy; served with mash potatoes; finished with green beans.

CREAMY GARLIC PRAWNS

Prawns cooked with creamy garlic sauce served with rice.

SIDES \$6.90 Each

Mash/Sautéed veggies/Garden salad/Chips/Chat potatoes.

### STEAKS (GRILL/STONE GRILL)

GRASS-FED STEAKS, seasoned, served with chips, salad & a sauce of your choice. (Gravy/Mushroom/pepper or Garlic butter.

GREAT SOUTHERN PORTERHOUSE – 300GM \$41.90 GREAT SOUTHERN SCOTCH FILLET – 260GM \$42.90 GREAT SOUTHERN RIB-EYE – 350GM \$51.90

### **SALADS**

**CALAMARI SALAD** 

\$25.90

Crisp tender pieces of salt & pepper calamari on a salad of mixed-lettuce, cucumber, Julienne carrots, capsicum; tossed through lemon-vinaigrette; finished with feta.

MORROCAN CHICKEN SALAD

\$25.90

Lightly seasoned chicken tenders served on a salad of mixlettuce, avocado, cucumber, onions, tomato tossed through lemon-vinaigrette; finished with dried cranberries.

LAMB SALAD \$28.90

Grilled tender pieces of lamb, mix lettuce, spinach, cherry tomato, cucumber, onion, olives, feta; tossed through lemon-vinaigrette.

NOURISHING BOWL

\$24.90

Lentils, red & white quinoa, roasted pumpkin, almond flakes, pine nuts, dried cranberries, mix-lettuce; tossed through lemon-vinaigrette; finished with feta.

**CAESER SALAD** 

\$23.90

Coz lettuce, bacon, anchovies, shaved parmesan with Caeser dressing, croutons & a soft poached egg.

**GREEK SALAD** 

\$17.90

Choose your protein:

Grilled chicken \$8.0 Salt & pepper calamari \$9.0 Grilled prawns \$9.0 Pulled pork \$8.00

#### **DESSERTS**

STICKY DATE PUDDING

\$13.00

House made sticky date pudding served with vanilla ice cream and butterscotch sauce.

**CHOCOLATE BROWNIE** 

\$13.00

House made smothered brownie with rich chocolate sauce; served with whipped cream & chocolate shavings.

**GAYTIME WAFFLES** 

\$13.00

Warm Belgian waffle, served with vanilla ice cream, biscuit crumbs, strawberries & chocolate sauce.

Function room available for hire. Phone no. (03) 9399 9889

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